



If you enjoy walking, you'll love Walk the Isle of Man! Whether you are a seasoned hiker who knows the Island well, or you are here for the first time to experience our magnificent landscapes and spectacular coastlines, Walk the Isle of Man promises a feast of sights and sounds, experiences, and adventures, to treasure forever.

Our 2022 programme contains a superb choice of six walks on Monday, Tuesday, Thursday, and Friday along with, two pop-up supper walks in the afternoon and early evening of Wednesday – covering a mixture of easy/interest, easy/moderate and moderate routes - designed to appeal to all levels of walker. Simply select one walk per day. You can scale up as the week goes on or take some days more leisurely than others. It's entirely up to you.

Each walk will be led by an experienced guide. Please note, you will be responsible for bringing your own food and refreshments.

ABOUT US

Walk The Isle of Man is organised by the Island's leading events company, Isle of Man Event Services, and walking.im, which is run by expert walking guide Ken Harding. Ken is a Hill and Moorland Leader with the Mountain Training Association and specialises in group walking holidays. Ken has a passion for the outdoors and natural environment and has a number of qualifications in ecology and science.

He is supported by an experienced and capable team of Isle of Man-based walking guides, who know the Island intimately. You'll be in safe and knowledgeable hands throughout.



WELCOME

Arrival: 7pm | Sunday 25th September 2022

Your rendezvous will be The Palace Hotel, on the famous promenade in Douglas, which, will be hosting this year's welcome reception. The Palace along with a variety of hotels and B&B's will provide your accommodation throughout the week.

During an introductory reception, you will have the chance to familiarise yourself with the routes, meet your fellow walkers and chat with the walk leaders and supporters.

A hot buffet will be available on arrival followed by a detailed introduction from the event director Ken.

FAREWELL RECEPTION

Arrival: 7pm | Friday 30th September 2022

Our farewell reception will provide the perfect opportunity to reconvene and reminisce.

Farewell reception will be at the Palace Hotel and include a hot buffet (just what's required after a hard week's walking!)

TO BOOK YOUR PLACE

It couldn't be simpler! Exclusive packages including travel, accommodation and Walk the Isle of Man entry are bookable by the event organiser, Isle of Man Event Services.

Contact the team Sally, Melissa and Courtney who will take care of everything.

Phone 01624 664460 or by email on info@iomevents.com

Web: www.iomevents.com

Walk the Isle of Man includes a choice of quality accommodation, travel from your preferred port or Airport, walks on every day, transport card, guides, welcome & farewell receptions, support from event organisers throughout the week.

For further information speak to the team or visit our website www.iomevents.com

WE LOOK FORWARD TO WELCOMING YOU TO WALK THE ISLE OF MAN 2022

THE ROUTES GENERAL INFORMATION

- Walk the Isle of Man 2022 will take place between Monday 26 September – Friday 30 September. There will be a choice of 6 bookable walks on each of Monday, Tuesday, Thursday, and Friday, as well as an additional shorter supper walk on the Tuesday and Thursday. On Wednesday 28 September you can choose to spend part of the day sightseeing, have help to design a walk of your own or join one of our two afternoon and early evening pop-up walks ending at venues which provide optional catering and refreshments from fish & chips to pub grub.
- All walks must be booked in advance with Isle of Man Event Services and there will be a maximum number of 25 people on each walk. Should the walk you wish to do not be available, we will try to offer other choices.
- All walks start and finish using public transport and use of the Go-Explore Card gives free access to Isle of Man buses, steam trains, the Manx Electric Railway (MER) and the Snaefell Mountain Railway (SMR). Travel outwards on the steam train, MER and SMR at the start of each day has been booked. Outward journeys by bus and all return journeys are not booked (unless stated) and options for those journeys will be provided in advance of the event and supplied to your walk leaders and supporters.
- Most of the walks use public transport departure times between 09:00 and 10:40. When departure is before or after this time it is noted at the start of the walk description.
- Please meet your walk leaders at the public transport start point for your route in plenty of time for boarding and departure (Lord Street Bus Station, Steam Railway Station, Derby Castle Manx Electric Railway Station).

- In the foyer of the Palace Hotel on Central Promenade there will be a gathering place for those who would like a local walker to escort them to these public transport start points if they are unfamiliar with the area. Please ask for the gathering time for your walk if you wish to take advantage of this service.
- Most walks should reach their finishing points before 16:00, but the 4 supper walks are expected to finish after that time. An estimated finish time for each walk is given at the end of each walk description. Allowance should be made for subsequent travel time back to Douglas. The approximately timings of each walk from start to finish, including breaks, lunch and sightseeing is noted for every walk.
- The Isle of Man has great coastal, countryside, glen and moorland walking. The weather in late September can be very variable. We therefore recommend that you wear walking boots with good ankle support and a good grip, layers of clothing appropriate for an Island with dynamic weather systems and bring waterproofs. Traditional jeans are not recommended. Walking poles can be a real help on some of the more exposed paths and slopes.
- Please bring your own supplies of food and drink for each day.
- Some walks take place in remote areas where there are no toilet facilities, refreshments facilities or shelters.
- Participating in a walk is at your own risk. If you feel you do not have enough information about a walk or what to expect then please ask before booking. Booking a walk is assumed as consent that you are capable and ready to undertake the walk concerned.



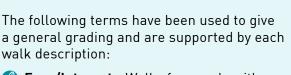
- Please always follow the guidance of the walk leaders and supporters, keep behind the designated walk leader and in front of the designated back marker. If you wish to leave the walk you must confirm this with the leader or back marker.
- Walk leaders and supporters reserve the right to refuse participation to any walker if, in their opinion, the walker is not safely or suitably attired or would be unsuited to undertake the walk.
- Walk leaders and supporters have the final discretion to change the route of a walk if they feel it is necessary due to weather conditions, road and footpath closures, footpath conditions or other circumstances.
- On public roads, keep to the right (unless safety and the guidance of the walk leaders dictates

- otherwise). Do not deviate from way-marked footpaths.
- If you have a relevant medical condition or carry medication with you please advise the walk leaders and supporters. This can be done in confidence and is important for your own safety on the walk and for the organisers ability to handle any incident.
- Dogs are not allowed on the walks.
- Local walk leaders, supporters, organisers, and participants may wish to take photographs during the walks and share these on social media and as part of future publicity for the Isle of Man. If you do not wish your photograph to be taken, please advise the walk leader on each walk.



WALK DESCRIPTIONS AND

GRADINGS:







Located in the middle of the Irish Sea, the Isle of Man has a variable landscape which makes it a real treat for walkers. We have coastal footpaths and trails along 'natural' tracks & footpaths, countryside, and glen walks, as well as hill and moorland paths and the Island's iconic coastal footpath. Some of the routes we use include stretches of farm track, quiet country roads or road walking. The ground we will walk on can be rough and uneven and can change quickly during a single walk as can the weather due to our maritime climate.

The walk descriptions below give an idea of where each walk goes, how far it is, how much height is gained along the route, a rough indication of timing, what we may see and what to expect.

- **Easy/Interest** Walks for people with general fitness to walk shorter distances with areas of additional interest. Plenty of time for breaks and slower general pace. Walking boots and clothes to suit the weather are recommended. Bring a drink and snacks or a packed lunch where required. Up to approx. 5 miles/8 km at a slower pace, mostly on level (but often unpaved) ground with occasional gentle slopes and stiles/kissing gates.
- **Easy/Moderate** Walks for reasonably fit people with some country walking experience. May include unsurfaced rural paths. Walking boots and warm waterproof clothing is recommended, also a drink and packed lunch. Up to approx. 7 miles/11km at a leisurely pace with some ascent or over roughish ground with occasional stiles/kissing gates, coastal cliff walking and steeper slopes.
- Moderate Walks for people with country walking experience and a good level of fitness. These walks will include some steep paths and open country, and maybe at a steady pace. Walking boots and warm waterproof clothing are essential, also drinks and snacks and a packed lunch. Up to approx. 10 miles/16 km of moderately demanding walking with steeper or longer gradual assents, hills, coastal cliff walking and generally on tracks and upland paths.

We offer two **Easy/Interest** walks, and two or three **Easy/Moderate** walks, two or three **Moderate** walks on each of the four main walking days (Monday 26 September, Tuesday 27 September, Thursday 29 September, Friday 30 September). In addition, there is a supper walk on Tuesday and Thursday, plus two supper walks starting on the afternoon of Wednesday 28 September.

NB: Please be aware that most walks begin and finish on public transport. Additional time should be allowed to walk or travel from your accommodation to the gathering point for public transport and to return to your accommodation after the walk. Please ask for further details or advice if required.

MONDAY 26TH SEPTEMBER





Monday A - Easy/Interest

Volcanoes and Vikings: Castletown circular via Scarlett Head

8 km/5 miles. Height gained 29 m/95 feet. approx. 3-hour walk.

Description: An exploration of coastal geology and archaeology on a 'Volcanoes and Vikings' circular walk in the southeast of the Island.

We take the bus from Douglas to historic Castletown Square (not booked) beside the medieval Castle Rushen and Castletown Bay. As we head west onto Scarlett Head, we move from limestone rocks to ones of volcanic origin and round a headland with WWII defences, Iron Age and early Christian sites and the place where stone for the steps in St Paul's Cathedral was quarried. At Chapel Hill, Balladoole we see the sites of a Bronze Age burial,

an Iron Age fort, an early Christian chapel, and a Viking ship burial before returning to Castletown past the 'witches mill'.

Return to Douglas by steam train (booked) departing Castletown at 1427.

What we may see: A wealth of geology, archaeology, coastal and limestone plants, and birdlife. Cafés, pubs in Castletown.

What to expect: Coastal track, stiles, footpaths, open fields with a quiet country lane. Estimated finish time for walk at Castletown 13.45.



Monday B - Easy/Interest

In the Bishop's footsteps: Bishopscourt to Kirk Michael via Glen Trunk

7.5 km/4.5 miles. Height gained 91m/299 feet. approx. 3-hour walk.

Description: An Interesting walk

through a wooded glen, open farmland, quiet country roads, out onto the Northwest coast before returning to Kirk Michael via the trail along the former railway line.

We take the bus from Douglas to Kirk Michael (not booked) via Peel and start our walk at Bishopscourt, the impressive old residence of the Island's Bishops. Across the road from our start point is one of the National Glens with its babbling streams and stunning mature trees. Our walk then takes us alongside the mansion's gardens and Deemster's walk before heading off along countryside tracks to Glen Trunk on the Island's Northwest coast for an unusual view of Peel Castle in the distance along the coast. Our walk then takes us back to Kirk Michael along the former railway line trail where there might be time for a quick refreshment at the Island's oldest pub!

Return to Douglas by bus.

What we may see: woodland biodiversity, Bishopscourt and gardens, coastal views, historical and heritage area.

What to expect: Well maintained woodland and countryside tracks and refurbished heritage steam railway line. Pub, and toilets in Kirk Michael.

Estimated finish time for walk in Kirk Michael is 14.00.





Monday C - Easy/Moderate

The Albert Tower Amble: Ramsey Glens and Albert Tower

10 km/6 miles. Height gained 160 m/525 feet. Approx. 3.5-hour walk. **Description:** Mainly woodland and upland circular walk on footpaths, starting and finishing in the town of Ramsey.

We take the bus to Ramsey (not booked) and then walk along part of the famous TT course through Parliament Square and parts of the northern town. We continue onwards through Milntown estate before enjoying some woodland walking up through Elfin Glen and to the Albert Tower, stopping en route for panoramic views of the North of the Island, in the same spot as Prince Albert back in 1847. From the Albert Tower we drop down to the Ballure Reservoir, through woods to the coast at Ramsey Bay. From here we follow the beach under the Queen's Pier or along the promenade depending on the tide, back to Market Place in Ramsey for a beer, ice cream or cuppa.

Return to Douglas by MER or bus (not booked).

What we may see: Ramsey town, TT course, wooded glens, woodland birds and plants, Albert Tower (built 1848) and views over the north of the Island. Sandy beach and sea birds, Queen's Pier,

working and historic harbour.

What to expect: Glen and woodland walks, with a steepish rise near the beginning through Elfin Glen. Starting and finishing on urban roads and a sandy beach. Estimated finish time for the walk at Ramsey 14:10.



Monday D - Moderate

Rugged Rocks and Forts: Santon to Ballasalla via Raad ny Foillan coastal footpath.

15 km/9.5 miles. Height gained 146 m/479 feet. approx. 5-hour walk.

Description: Linear walk along spectacular coastline passing ruins of promontory forts, quiet coastal glens and a hidden keeill. We take the 09:50 steam train (booked) from Douglas Railway Station to Santon. Our walk starts along a quiet country lane before passing through the spectacular grounds of Aragon House and then heading off over open countryside passing the 'Peoples Wood' down to the Raad ny Foillan (RNF) coastal footpath. Passing promontory forts and quiet glens, this stretch of spectacular coastline is beautifully rugged and you will be taking a different picture around every headland. At the Santon Gorge our path briefly takes us inland alongside the babbling Santon Burn to explore the ruins of an old chapel and burial ground before heading back to the coastline. We walk back to Ballasalla to catch our bus to Douglas.

What we may see: coastal wildlife, Ravens, Choughs, cetaceans, ruins of promontory forts, pretty glens, burial ground, ruined chapel, and Peacocks!

What to expect: Open coastal walking along the Island's RNF coastal footpath. A few sections are along cliff tops with steep drops but away from the edges. This route involves several stone stiles.

Estimated finish time for the walk at Ballasalla 15.30.



Monday E - Moderate

Southern Coastal Splendours: Port St Mary to Port Erin via the Sound

12 km/7.5 miles. Height gained 365 m/1198 feet. approx. 5-hour walk.

Description: One of the Island's favourite linear coastal walks in the southwest of the Island and rated as one of the best coastal walks around the Irish Sea. Walked by Clare Balding in 'Ramblings' and featured on numerous television programmes. Your opportunity to explore this part of the Raad ny Foillan coastal footpath.

We take the bus from Douglas to Port St Mary (not booked) and walk along the spectacular coastal cliffs and bays round the southwest corner of the Isle of Man past the geological fissures known as the Chasms and by two Iron Age promontory forts to the Sound, overlooking the Calf of Man and Kitterland. We continue up the west coast to Port Erin.

Return to Douglas by steam train (booked) departing Port Erin at 1600.

What we may see: Coastal wildlife, sea birds, Gulls, Choughs, Ravens, Grey Seals at the Sound. Geology. Iron Age promontory forts and the Calf of Man

What to expect: Mostly natural footpath along the coast and cliff, moorland areas, rocky surfaces. Café and toilets at the Sound.

Estimated finish time for walk at Port Erin 15:20.

Monday F - Moderate

Quarries, Mines, and an Old Church: Crosby to St John's via Snuff the Wind

17 km/10.5 miles. Height gained 372 m/1220 feet. Approx. 5.5-hour walk.

Description: A fantastic day's walk with stunning views back towards the central highlands with interesting sites and ruins along the route.

We take the bus from Douglas to Crosby (not booked) before starting our walk up along a country lane on the Millennium Way to visit the quaint old St Runius Church. Our walk then takes us along the Rocky Road and through Archallagan Plantation, which is one of the original 3 Crown Plantations of the 1860s, stopping at Cornelly Mines before heading off towards Foxdale with its numerous abandoned mines and quarries. The stunning views over the central highlands will be seen from our lunch stop



before exploring a few old mine ruins and then heading back to St Johns via the former disused railway line. A great day out.

Return to Douglas by bus.

What we may see: Woodland and moorland wildlife, Hen Harriers, Buzzards, abandoned quarries, mine ruins and the pretty St

Runius Church.

What to expect: A variety of walking terrain, quiet country lanes, open moorland, plantation tracks and well-maintained countryside pathways.

Estimated finish time for the walk at St Johns 16.00.

TUESDAY 27TH SEPTEMBER



Tuesday A – Easy/Interest

St Adamnan's and a View: Baldromma Beg Halt to Ballagawne Rd (Garwick Bay) 6.5 km/4 miles. Height gained 99 m/325 feet. Approx. 3-hour walk.

Description: A lovely gentle and interesting walk visiting St Adamnan's Church with its Celtic

crosses and a walk through Ballannette Nature Reserve offering fine views.

We take the 1040 MER (Manx Electric Railway) tram (booked) from Douglas to Baldromma Beg

Halt, where we start our walk across farmland to the ancient St Adamnan's Church. This isolated church was originally known as 'the chapel by the shore' and contains Celtic crosses dating back to 7th century. Our walk then takes us through the lovely Ballannette nature reserve for some magnificent views overlooking Laxey Bay, then around Clay Head and along the Fisherman's Path to Garwick Bay to have our packed lunch and relax before the short and unhurried walk up to Ballagawne Rd to catch the bus or MER back to Douglas.

Return to Douglas by MER or bus. Estimated finish time for walk at Ballagawne Rd 13.45.

What we may see: Coastal and inland birds, possibly Dolphins from Ballannette viewpoint. Celtic crosses and the pretty historic St Adamnan's church.

What to expect: Quiet country roads and good quality paths throughout. Two stiles en route and the path down the 'Fisherman's Path' can be a little muddy if wet.



Tuesday B – Easy/Interest

Roll Down the Barrel: St John's to Peel Hill via Tynwald Hill

7.5 km/4.5 miles. Height gained 35 m/115 feet. approx. 3.5-hour walk.

Description: Inland low-level linear walk in the west of the



Island leading to the west coast and to Peel Harbour and Peel Castle.

We take the bus (not booked) from Douglas to St John's and have time to explore the Royal Chapel of St John's and Tynwald Hill - the Norse outdoor assembly site used for over a thousand years. We follow the Heritage Trail, which is the line of the former railway track and the River Neb westwards passing 'Lost Wives' and 'Black Dogs!'. We walk alongside Peel Harbour and around the outside of the Castle with its fabulous views of the coastline, before finishing our walk on Peel promenade. This walk gives you time to explore and relax in the 'Sunset City' with its quaint little streets, Cathedral. Museums, cafes or just relax at the Island's biggest ice cream parlour. Return to Douglas by bus.

What we may see: St John's and Tynwald historic sites, riverside and wetland wildlife, coastal wildlife, Grey Seals near Peel Castle, Peel harbour, Cathedral, and museums.

What to expect: Easy walking on flat route of the Heritage Trail to Peel harbour before a slight rise to finish the walk around the outskirts of Peel Castle.

Estimated finish time for walk at Peel Promenade 14:30.



Tuesday C - Moderate

'Where's Wallaby?': Wildlife Park circular via Ballaugh Curragh

13 km/8 miles. Height gained 100 m/328 feet. approx. 4.5-hour walk.

Description: Circular walk exploring the Ballaugh Curraghs: a RAMSAR convention wetland area and home to Red-Necked Wallabies living wild. For those that like a bit of a view there's a hillfort thrown in as well!

We take the bus from Douglas to the Wildlife Park (not booked). then follow the route of the former Northern Manx Railway eastwards to Sulby to climb Cronk Sumark/ Primrose Hill. which is a hillfort with great views over the north of the Island. Using quiet country roads, we head for Ballaugh Curragh, a unique wetland environment on the Isle of Man. recognised as being of international importance. Boardwalk trails lead through this extraordinary landscape and our route provides the opportunity to look for Red-





Necked Wallabies who now live wild in this area. Our walk returns us to the Wildlife Park.

Return to Douglas by bus.

What we may see: Wetland plants, birds and animals, Red-necked Wallabies, hill fort and views over the north of the Island.

What to expect: Mostly on flat ground on quiet country roads, tracks, and boardwalks, with one steep rise to the top of Cronk Sumark.

Estimated finish time for walk at Wildlife Park 15:00.



Tuesday D - Moderate

Cliffs, Choughs and Chasms: Port St Mary to Spanish Head circular via Cregneash

10 km/6 miles. Height gained 303 m/995 feet. approx. 4-hour walk.

Description: A shortened highlights walk of this stunning section of coastal footpath forming a circular route back to Port St Mary.

We take the bus from Douglas to Port St Mary harbour (not booked) and walk around Kallow Point to join the Raad Ny Foillan coastal footpath beside the golf course. Leaving Port St Mary behind we look back on our route so far over Perwick Bay and take in the fantastic views eastwards towards the Langness Peninsula in the distance. Our route slowly climbs towards the Chasms, where deep fissures in the cliffs run down to the sea! Our route then passes Cronk Karran, an Iron Age hut circle before taking us onwards towards Spanish Head where the Calf of Man will come into view. This island is a bird sanctuary separated from the main Island by the 'Sound' waterway. This view is a photographer's dream. Our walk then goes inland to the traditional Manx village of Cregneash and then we slowly make our way back towards Port St Mary and its lovely cafes and pub. The walk has a few steeper sections, but this route has been created for an opportunity to walk this beautiful path at a more leisurely pace.

Return to Douglas by bus or steam train (not booked).

What we may see: fantastic geology, dramatic views, Iron Age hut circle, Calf of Man, Choughs, Hen Harriers, sea birds, cetaceans, and a traditional Manx village.

What to expect: Open coastal natural footpaths, farmland tracks, well maintained boardwalk section and generally good footpaths throughout. One short steeper climb with a few longer gradual ups and downs. Two stone stiles en route.

Estimated finish time for walk at Port St Mary 14.30.



Tuesday E - Moderate

A Fort, A Lighthouse, and a Castle: Ballasalla to Castletown via Langness

13 km/8 miles. Height gained 110 m/360 feet. approx. 4.5hour walk.

Description: Linear coastal walk in the south of the Island mostly following part of the Raad ny Foillan coastal footpath but also some riverside walking. We take the 09:50 steam train (booked) from Douglas Railway Station to Ballasalla and then head through the outskirts of the village to reach the coast next to Ronaldsway airport. The route then follows the coast through Derbyhaven onto the long peninsula of Langness and the little rocky outcrop of St Michael's Isle with its chapel and Civil War fort. We head south on the rugged east side of Langness and back through the bird reserve and ASSI at Sandwick around the bay to Castletown, the Island's former capital.

Return to Douglas by bus or steam train (not booked).

What we may see: Limestone and volcanic rock, coastal wildlife, sea birds, Gulls, Choughs, Ravens, salt marsh species, Ducks, Waders, Herons, 12th/13th century chapel, Civil War fort, Langness lighthouse, Castle Rushen.

What to expect: Coastal and riverside walking on open ground, footpaths, and quiet country roads mainly on the flat.

Estimated finish time for walk at Castletown 14.45.



Tuesday F - Moderate

Summit to Sea: Snaefell to Laxey beach via Slieau Lhean

11.5 km/7 miles. Height gained 68 m/223 feet. About 4 hours walking.

Description: Downhill linear walk over open moorland in the northeast of the Island starting at the Island's highest peak and then on moorland paths and tracks to Laxey village.

We take the 0940 MER (Manx Electric Railway) tram (booked) from Douglas to Laxey and change to the SMR (Snaefell Mountain Railway) (booked) to travel the easy



way to the top of Snaefell (621 m/2037 feet). We then cross open rough grazing and moorland on tracks down the side of Snaefell to cross the Mountain Road (route of the famous TT motor racing course). Our route then takes us over the hills near Clagh Ouyr and we head onto a track which skirts Slieau Lhean. Descending into Laxey, we pass King Orry's Grave before dropping down Minorca Hill to Laxey Promenade for a rewarding cake or ice cream. A day for spectacular views.

Return to Douglas by bus or Manx Electric Railway.

What we may see: Hill and moorland wildlife, Ravens, Hen Harriers, Mountain Hares

What to expect: Mainly hill and

moorland walk over rough grazing and moorland, track walking through pastureland. Pavements in Laxey on arrival. One mile walk back to tram/bus after completion of walk.

Estimated finish time for walk at Laxey 15:30.



Tuesday Supper Walk - Easy/Moderate

Unlocking Milner's Tower: Port Erin to Bradda Head Circular

6.5km /4 miles. Height gained 174m /570 feet. Approx. 2-hour walk.

Description: An undulating circular walk with fine views over this beautiful bay and looking towards the Calf of Man, taking in Milner's Tower before returning to Port Erin for a choice of different options for your supper!





We take the 1350 steam train from Douglas to Port Erin (booked) to this seaside town on the southwest coast. Our walk takes us along the coastal path around the bay before heading out onto Bradda Head for some fantastic coastal views to the south and west. Our route then takes us a little along the cliff tops before heading back through the quiet lanes overlooking the village and cutting back across the golf course to finish in the heart of the village overlooking the bay. The choice is then yours as to where

you have your supper; pub grub, fish and chips, pizza or even a meal at a foraging restaurant.

Return to Douglas by bus.

What we may see: Dolphins or Harbour Porpoises in and around the bay, sea birds and coastal wildlife, Choughs, Milner's Tower and some fantastic views.

What to expect: Undulating walk on good pathways and out onto open coastal grass land, then returning by quiet country roads, golf course and urban footpaths.



WEDNESDAY 28TH SEPTEMBER



Wednesday Supper Walk A
- Moderate

Fish and chip supper by the sea in Peel: Peel Castle, Peel Hill and back to Peel Promenade

6.5 km/4 miles. Height gained 183 m/600 feet. approx. 2-hour walk.

Description: A circular walk from Peel Castle over Peel Hill and back the easy way to Peel Promenade and time for fish and chips!

We take the bus from Douglas to Peel (not booked) – or meet in Peel beside Peel Castle – to head past Fenella Beach and onto Peel Hill with views over Peel and the west of the Island. We pass Corrin's tower and then drop down past Knockaloe Farm – the world's largest World War One internment camp, to the Heritage Trail along the former railway line from Peel to Douglas, for a return to Peel Promenade and a range of places to eat and drink.

What we may see: Peel Castle, Peel Hill, Corrin's tower, coastal and upland birds and plants, Knockaloe Farm and former internment camp, Glenfaba mill, Peel Promenade.

What to expect: Open rising hill paths at the start, returning on



quiet country tracks and paths. Return to Douglas by bus. Estimated finish time for walk at Peel Promenade 18:00.



Wednesday Supper Walk B Easy/Moderate

Trains, Mines and Dinner: Crosby to Hawthorn Pub via the Cornelly mines.

6.5 km/4 miles. Height gained 120 m/393 feet. approx. 2-hour walk.

Description: A linear walk along the Heritage Trail – the former Douglas-Peel railway line, then up to the Cornelly Mine and back via a different route to the Hawthorn Pub, which will be welcome for those with an appetite!

We take the bus from Douglas to

Crosby (not booked) and follow the line of the former steam railway westwards from Crosby. Passing a few wooden carvings of Manx folklore characters, we then divert off the Heritage Trail to walk up towards the Cornelly Mines. This short climb is definitely worth it for the view. Our route then brings us gradually back down on a different path onto the famous TT course and to the Hawthorn Pub.

Return to Douglas by bus.

What we may see: Inland birds and wildlife, plantations, views over the centre and west of the Island. The Hawthorn pub is on the TT course.

What to expect: Low level start on a former railway line track then rising on green tracks and returning on a footpath.

Estimated finish time for walk at Hawthorn Pub 18:00.

THURSDAY 29TH SEPTEMBER



Thursday A - Easy/Interest

Volcanoes and Vikings: Castletown circular via Scarlett Head

8 km/5 miles. Height gained 29 m/95 feet. approx. 3-hour walk.

Description: An exploration of coastal geology and archaeology in a 'Volcanoes and Vikings' circular walk in the southeast of the Island.

We take the bus from Douglas to historic Castletown Square (not booked) beside the medieval Castle Rushen and Castletown Bay. As we head west onto Scarlett Head, we move from limestone rocks to ones of volcanic origin and round a headland with WWII defences, Iron Age and early

Christian sites and the place where stone for the steps in St Paul's Cathedral were quarried. At Chapel Hill, Balladoole we see the sites of a Bronze Age burial, an Iron Age fort, an early Christian chapel, and a Viking ship burial before returning to Castletown past the 'witches mill'.

Return to Douglas by steam train (booked) at 1427.

What we may see: A wealth of geology, archaeology, coastal and limestone plants, and birdlife. Cafés, pubs in Castletown.

What to expect: Coastal track, stiles, footpaths, open fields with a quiet country lane.

Estimated finish time for walk at Castletown 13 45.



Thursday B - Easy/Interest

Monks and Merry-Go Rounds: Ballasalla to Castletown via Silverdale Glen

6.5 km/4 miles. Height gained 39 m /127 feet. approx. 3-hour walk.

Description: An interesting walk through Silverdale Glen: passing Rushen Abbey, with its ancient tales of monks, a 14th century packhorse bridge and Silverdale Glen, with its Victorian water driven merry-go-round before following the Silverburn into historical Castletown

We take the 0950, steam train



(booked) from Douglas Railway station to Ballasalla. Our walk takes us through the village past Rushen Abbey and onward to explore Silverdale National Glen. passing the Monks Bridge and stopping at the boating lake and traditional water driven merrygo-round for a break. Our route continues down the glen and follows the Silverburn River into Castletown and alongside its harbour. The walk finishes in time for you to explore Castletown, visit the Castle, or just enjoy the town square and its cafés and shops. Return to Douglas by bus.

What we may see: Riverside wildlife, plants and flowers, historic 14th century Monks Bridge, Silverdale Glen, historic Castletown, and Castle Rushen.

What to expect: Mostly well-maintained natural footpaths beside the Silverburn River, numerous toilets opportunites en route and generally flat throughout, 1 stile en route. Pubs, cafes in Castletown.

Estimated finish time for the walk at Castletown 13 20.



Thursday C - Easy/Moderate

Celtic Crosses and Victorian Piers: Ballajora to Ramsey via Raad ny Foillan

10 km/6 miles. Height gained 212 m/ 695 feet. approx. 4-hour walk.

Description: Linear walk following



this delightful section of the coastal footpath, stopping off to explore the Celtic and Norse crosses at Maughold Church before heading towards Ramsey. Enjoying amazing views of the northern coastline and Ramsey Bay and finishing off by walking on the beach under the Victorian pier.

We take the 1010 Manx Electric Railway (booked) from Douglas to Ballajora and then head off on the Raad ny Foillan coastal footpath towards Port Mooar. Our coastal route soon brings the impressive Maughold lighthouse into view as we slowly climb away from the coast towards Maughold Church. After exploring some of the best-preserved Celtic and Norse crosses on the Island our route takes us out to Maughold Head and our onward journey along this stunning section of our walk. The route brings us down into Ramsey through the pretty Port e Vullen before we walk out onto the beach for our final section of the route. The walk finishes in Ramsey with plenty of pubs, ice cream parlours

and cafes to relax after your walk. Return to Douglas by Bus or MER electric tram.

What we may see: Coastal wildlife, sea birds, cetaceans, Celtic and Norse crosses, lighthouse, and fantastic views throughout the walk.

What to expect: Mainly natural coastal footpath with a few small quiet road sections and beach into Ramsey. The route has a couple of sections that are steeper ascents and descents but are well maintained

Estimated finish time for walk at Ramsey 15:00.



Thursday D - Easy/Moderate

The little glen with a BIG name: Kirk Michael to Spooyt Vane circular.

11 km/ 6.5 miles. Height gained 256 m/ 836 feet. approx. 3.5-hour walk.

Description: A varied and interesting walk with a little bit of everything: open farmland, beach



walking, woodland nature reserve and a waterfall with fantastic views of the hills.

We take the bus from Douglas to Kirk Michael (not booked) on the West coast before heading down to Glen Wyllin and along the beach with its interesting, but fragile glacial cliffs deposited during the last Ice Age. Our route continues up and away from the coast along the former railway line, before heading across agricultural fields with some fantastic views and then heading down on the Monks Road towards Glen Mooar and the impressive Spooyt Vane waterfall. Our onward route then takes us up again before dropping down through the pretty Manx Wildlife Trust Cooildarry Nature Reserve and finishing back in Kirk Michael. Return to Douglas by bus.

What we may see: Coastal, woodland wildlife, Hen Harriers, Curlews, glacially deposited cliffs, great views, a keeill (ancient chapel) and waterfall.

What to expect: A mixture of walking terrain, beach walking, agricultural fields, and good woodland paths. Several stiles en route and one very short steep climb with a handrail.

Estimated finish time for the walk at Kirk Michael 14 30.



Thursday E - Moderate

Southern Coastal
Splendours: Port St Mary
to Port Frin via the Sound

12 km/7.5 miles. Height gained 365 m/1198 feet. approx. 5-hour walk.

Description: One of the Island's favourite linear coastal walks in the southwest of the Island and rated as one of the best coastal walks around the Irish Sea. Walked by Clare Balding in 'Ramblings' and featured on numerous television programmes. Your opportunity to explore this part of the Raad ny Foillan coastal footpath.

We take the bus from Douglas to Port St Mary (not booked) and walk along the spectacular coastal cliffs and bays round the southwest corner of the Isle of Man past the geological fissures known as the Chasms and by two Iron Age promontory forts to the Sound, overlooking the Calf of Man and Kitterland. We continue up the west coast to Port Erin.

Return to Douglas by steam train (booked) departing Port Erin at 1600.

What we may see: Coastal wildlife, sea birds, Gulls, Choughs, Ravens, Grey Seals at the Sound. Geology. Iron Age promontory forts and the Calf of Man.

What to expect: Mostly natural footpath along the coast and cliff, moorland areas, rocky surfaces. Café and toilets at the Sound. Estimated finish time for walk at Port Frin 15:20



Thursday F - Moderate

Across the Roof of the North: Snaefell to Ramsey via North Barrule

12 km/7.5 miles. Height gained 243 m/799 feet. approx. 4.5-hour walk.

Description: Linear hill walk over open moorland in the northeast of the Island taking in the Island's highest peaks along a rounded ridge.

We take the 09:40 MER (Manx Electric Railway) tram (booked) from Douglas to Laxey and change to the SMR (Snaefell Mountain Railway) (booked) to travel the easy way to the top of Snaefell (621 m/2037 feet). We then cross open rough grazing and moorland on tracks down the side of Snaefell to cross the Mountain Road (route of the famous TT motor racing course) and then up Clagh Ouyr and on to North Barrule along a rounded ridge. If the weather allows, we shall be able to see not only the Northern Plain and hills.

but also the 'Seven Kingdoms' – Ireland, Scotland, England, Wales, Mann, Heaven and the Sea! We head down North Barrule to Ballure Plantation and Reservoir to our finishing point in Ramsey, the largest town in the north of the Island.

Return to Douglas by Manx Electric Railway or Bus.

What we may see: Hill and moorland wildlife, Ravens, Hen Harriers, Mountain Hares.

What to expect: Mainly hill and moorland walk over rough grazing and moorland, steep slopes down and up and walk along an exposed but rounded ridge. Cafes and Pubs in Ramsey.

Estimated finish time for walk at Ramsey 15:30.



Thursday Supper Walk - Easy

Pizza in the Park: Ramsey Town Tour via Mooragh Park

5.5 km/3.5 miles. Height gained 40 m/131 feet. approx. 2-hour walk.

Description: A walk around 'Royal Ramsey' with a local guide, followed by supper at Conrod's Pizzeria in the Park.

We take the bus from Douglas to Ramsey or meet you in Ramsey at the Bus Station at 1600. Our walk will take us around the largest town of the North visiting the



town's interesting sites including the Queen's Pier, a walk along the stone piers for a fantastic view of North Barrule, before heading off around this working harbour and over the iconic Swing Bridge towards the Mooragh Park, a Victorian Park with pretty gardens and a large boating lake, a lovely setting for supper overlooking the lake. Conrod's Pizzeria is run by Conor Cummins the TT rider.

Return to Douglas by bus (not booked).

What we may see: Coastal sea birds, interesting sites, swing bridge, Queen's pier, working harbour, promenade, and Mooragh Park.

What to expect: Good paths throughout on a gentle generally flat walk. Possibly a few steps down to the beach if the guide decides to walk along the beach (tide depending).

Return to Douglas by bus. Estimated finish time for walk at Mooragh Park 18:00.

FRIDAY 30TH SEPTEMBER



Friday A - Easy/Interest

The Dunkirk Spirit: Gansey to Dunkirk Memorial via Chapel Bay

5.5 km/3.5 miles. Height gained 70 m/ 229 feet. approx. 2.5-hour walk.

Description: Interesting low-level coastal linear walk around the pretty seaside town of Port St Mary including the WWII Dunkirk commemorative site.

We take the bus from Douglas to Bay ny Carrickey where we start our walk. Our route takes us around the headland of Gansey Point before sweeping around Chapel Bay and walking along the catwalk raised walkway over the sea! This little harbour always has something going on and our route takes us past the seaside cottages and towards Kallow Point with its interesting limestone rock formations and now disused lime kilns, as well as the WWII memorial commemorating the help from the Manx during the Dunkirk evacuation.

The walk then works its way back into the centre of Port St Mary, via a view of Perwick Bay for a refreshment at one of the lovely cafes – We can recommend the cakes!

Return to Douglas by steam train

(booked) departing Port St Mary at 1400.

What we may see: Coastal wildlife and sea birds, pretty harbour, WWII commemorative site, interesting coastal geology, and great cakes to finish!!

What to expect: Good pathways throughout, catwalk section over sea water, slight rise on way back into the village centre and 500m walk to train station after walk finish point. Toilets and cafes in Port St Mary.

Estimated finish time for walk at 13.00



Friday B - Easy/Interest

Wobbly Strata and maybe Minkes: Port Soderick to Douglas via Marine Drive

7.5 km/4.5 miles. Height gained 180m/590 feet. approx. 3-hour walk.

Description: Linear coastal walk along the east coast of the Island on part of the Raad ny Foillan coastal footpath mostly on quiet country roads from Port Soderick to Douglas.

We take the 09:50 steam train from Douglas Railway Station (booked) to Port Soderick Station, then walk through Port Soderick Glen, one of the Island's National Glens, to Port Soderick Bay. After



a steep stepped rise out of the bay we join 'Marine Drive' and walk back to Douglas Head and Douglas on foot along the line of the former tramway exploring Douglas Head as we return to Douglas harbour.

What we may see: Woodland wildlife, coastal sea birds (Choughs, Gulls, Ravens, Peregrine Falcons), coastal plants, geology, sea mammals if we are lucky (in 2019 there were Minke whales!), cliff and coastal views, views over Douglas and Douglas Bay, memorials on Douglas Head.

What to expect: After Port Soderick Glen the route is mainly on the tarmacked surfaces of Marine Drive with gentle inclines and drops. There is a long flight of steps upwards at Port Soderick. Estimated finish time on foot at Douglas harbour for walk is 13:10.



Friday C - Easy/Moderate

Echoes of a Mining Past: Laxey to Laxey via Agneash

8 km/5 miles. Height gained 260 m/853 feet. approx. 3.5-hour walk.

Description: Explore the rich mining and farming landscape on quiet country roads and footpaths around Laxey in the east of the Island on this circular walk with views to the hills and over Laxey Bay.

We take the 10:10 MER (Manx Electric Railway) (booked) from Douglas to Laxey and then walk by the river past the Great Laxey Wheel (the largest working waterwheel in the world) with its industrial archaeology of lead and zinc mining. The steep country road leads to Agneash village and more mining heritage and then over open fields and quiet country tracks to the two Neolithic chambered tombs of King Orry's Grave. We then walk down to Laxey Harbour and Laxey Bay, with its cafes and up by the river back to Laxey Station.

Return to Douglas by bus (not booked) or Manx Electric Railway (not booked).

What we may see: Industrial archaeology, mining heritage, Neolithic chambered tombs, woodland wildlife, inland and coastal views

What to expect: Most of the route is on quiet country roads, footpaths, and tracks. Two steepish rises.



Estimated finish time for walk at Laxey 14:15.



Friday D - Easy/Moderate

Cliffs, Choughs and Chasms: Port St Mary to Spanish Head circular via Cregneash

10 km/6 miles. Height gained 303 m/995 feet. approx. 4-hour walk.

Description: A shortened highlights walk of this stunning coastal section of the Island forming a circular route back to Port St Mary.

We take the bus from Douglas to Port St Mary harbour (not booked) and walk around Kallow Point to join the Raad Ny Foillan coastal footpath beside the golf course. Leaving Port St Mary behind we look back on our route so far over Perwick Bay and take in the fantastic views eastwards towards the Langness Peninsula in the distance. Our route slowly climbs towards the Chasms, where deep fissures in the cliffs run down to the sea! Our route then passes Cronk Karran, an Iron Age hut

circle before taking us onwards towards Spanish Head where the Calf of Man will come into view. This island is a bird sanctuary separated from the main Island by the 'Sound' waterway. This view is a photographer's dream. Our walk then goes inland to the traditional Manx village of Cregneash and then we slowly make our way back towards Port St Mary to its lovely cafes and pub. The walk has a few steeper sections, but this route has been created for an opportunity to walk this beautiful path at a more leisurely pace.

Return to Douglas by bus or steam train (not booked).

What we may see: Fantastic geology, dramatic views, Iron Age hut circle, Calf of Man, Choughs, Hen Harriers, sea birds, cetaceans, and a traditional Manx village.

What to expect: Open coastal natural footpaths, farmland tracks, well maintained boardwalk section and generally good footpaths throughout. One short steeper climb with a few longer gradual ups and downs. Two stone stiles en route

Estimated finish time for walk at Port St Mary 14.30.



Friday E - Moderate

Downhill all the way home (nearly)!: Snaefell to Douglas

12 km/7.5 miles. Height gained 400 m/1312 feet. approx. 4.5-hour walk.

Description: Mainly downhill linear walk from the Island's summit back to the hotel, a brilliant walk to end the week, with some fantastic hill walking, views, and a stop en route at the famous 'Creg ny Baa' Pub on the TT course.

We take the 09:25 MER (Manx Electric Railway) tram (booked) Douglas to Laxey and change to the SMR (Snaefell Mountain Railway) (booked) to travel the easy way to the top of Snaefell (621 m/ 2037 feet). This unusual but rewarding route take us down the side of Snaefell to the Bungalow before walking up one of our two uphill sections to the summit of Mullagh Ouyr, the Island's 5th highest peak for an amazing viewpoint. Our route takes us along the hilltops

down to Windy Corner on the TT course before another short climb to Slieau Lhost and more amazing views towards the West of the Island and beyond. Our finishing point of the nation's capital Douglas first comes into view before we head down and stop off at the famous 'Creg ny Baa' Pub on the TT course. Our route then takes us down past the Clypse Reservoirs and onwards to Molly Quirk's Glen, a beautiful wooded glen. Our final stage of the walk brings us through Onchan and along Douglas Promenade to the hotel and our finish point.

What we may see: Moorland and upland wildlife, Ravens, Buzzards, Hen Harriers, wooded glen, great views of the whole island. Stop at the famous 'Creg ny Baa' pub en route.

What to expect: Open moorland walking on natural paths, well maintained pathways through countryside and woodland tracks through the wooded glen, small section of quiet country lanes. Urban footpaths to finish the walk.

Estimated finish time for walk on foot at hotel 16:15.



Friday F - Moderate

King of the Mountain: Crosby to Crosby via Greeba Mountain

13 km/8 miles. Height gained 441 m/ 1447 feet. approx. 4.5-hour walk.

Description: Circular moorland and plantation walk in the centre of the Island.

We take the bus from Douglas to Crosby (not booked) and follow a stretch of the Millennium Way long distance footpath northwards, then head up onto open moorland to reach the summits of Slieau Roy (479 m/1572 feet) and Greeba Mountain (422 m/1384 feet). From these heights we drop down through plantation (the King's Forest) and return past St Trinian's medieval chapel to Crosby for a return to Douglas by bus (not booked).

What we may see: Open country with farmland, moorland, and plantation. Views from Slieau Roy and Greeba Mountain. Moorland wildlife and local folklore for Greeba Mountain and St Trinian's Chapel.

What to expect: Some road walking but mainly hill paths with a gradual ascent and steep descent.

Estimated finish time for walk at Crosby 15:00.



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